

SHAW CENTRE

55 Colonel By Drive, Ottawa, Ontario



INNOVATIONS TO **ADVANCE STROKE CARE** AND RECOVERY

OTTAWA STROKE SUMMIT

2  18



Regional Stroke Network
Réseau Régional des AVC
CHAMPLAIN

**FRIDAY
NOVEMBER 2**



www.med.uottawa.ca/cme

For further information, please contact the office of CPD:

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Fax: 613.761.5262

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*subject to change

OVERALL LEARNING OBJECTIVES

By the end of the Stroke Summit, participants will be better able to:

- Describe up-to-date Canadian Stroke Best Practice Recommendations as they apply to rehabilitation, secondary prevention, treatment and stroke recovery in the region;
- Collaborate to improve incorporation of new stroke recommendations and standards into practice models for outpatient, emergency room, pre-hospital, hospital and community settings in the region;
- Discuss new and essential hands-on skills required in the treatment of stroke;
- Discuss and share practice challenges and solutions in stroke care through the continuum;
- Interact and network with colleagues.

ACCREDITATION

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa's Office of Continuing Professional Development. You may claim a maximum of **5.5 hours**.

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Ottawa's Office of Continuing Professional Development for up to **5.5 Mainpro+ credits**.

PLANNING COMMITTEE

Special thanks to the following committee members who participated in the planning of this event:
Dr. Grant Stotts and Dr. Debbie Timpson (Co-Chairs)

Ms. Rosalin Awad Maglieri
Ms. Cathy Campbell
Ms. Serena Clarke
Ms. Jill deBoer
Ms. Laura Dunn

Ms. Crystal Graham
Ms. Dana Guest
Dr. Andre Jakubow
Ms. Anik Laneville
Ms. Lisa McDonnell

Ms. Hailey Pettem
Ms. Jodi Powell
Dr. Heidi Sveistrup
Ms. Marianne Thornton

REGISTRATION

Click here to register online today!

Conference Registration Fees <small>(fees are in CAD and inclusive of taxes)</small>	Early Bird Online Rate On or before Oct 4	Regular Online Rate After Oct 4	Onsite Rate At the conference
Physician	\$125	\$170	\$200
Other Healthcare Professional*	\$100	\$125	\$150
Resident	\$100	\$125	\$150
Student**	\$50	\$75	\$75

*Other healthcare professional includes: nurses and other disciplines (e.g. therapy staff), researchers, educators and administrators.

**Student must be full time in a Faculty of Health Science professional health discipline program.

Cancellation Policy: Refunds less \$75 administrative charge will be issued in writing by **October 4, 2018**. No refunds will be issued for cancellations received after that date. All refunds will be processed after the event.

CAREER MENTORING SESSION

12:05 - 12:50pm

At this year's Ottawa Stroke Summit, we are excited to bring a new networking opportunity for participants via a Career Mentoring Session. The session will consist of a 45-minute round table session with experts in the field of stroke. This will be an invaluable opportunity for any interested summit participant including graduate students, fellows and early-career researchers wishing to advance their career skills to discuss their own research projects and programs, as well as career development plans with each other and with leading researchers and clinicians in their fields.

The event will include predetermined round table sessions and mentoring discussions around the topics of: works-in-progress; theoretical problems; practical issues; future directions; and/or career suggestions – all within an informal setting.

Each table will include an invited expert/mentor who will lead and facilitate the discussion. Each participant will briefly discuss their current or future work and career aspirations with the opportunity to discuss and receive feedback from the experts. The session will end with a general question and answer period. Up to eight trainees will be allocated to each table. Each summit attendee, including graduate students, fellows and early-career researchers are eligible for this session.

COURSE PRESENTATIONS

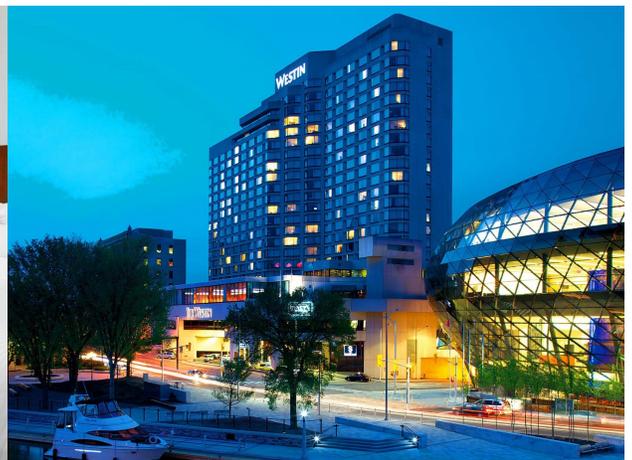
To ensure course participants receive the most up-to-date information and in an effort to lessen the environmental impact of our events, all available course materials will be posted to our website as soon as they become available. We cannot guarantee that all course materials will be posted on the website.

ACCOMMODATIONS

Course participants requiring accommodation can take advantage of the special discounted rate available at the adjacent Westin Ottawa hotel. The discounted group rate is \$225/night.

In order to qualify for the group rate, reservations must be made by **Thursday, October 4** or until the group room block is full.

To book your accommodations, please [click here](#) or contact the Westin Ottawa directly at 1-800-WESTIN-1 and quote the group code "Stroke Summit"



PROGRAM AT A GLANCE

INNOVATIONS TO ADVANCE STROKE CARE AND RECOVERY

8:00 - 8:30 - Registration, Welcome Reception, Poster and Exhibit Viewing

8:30 - 8:50 - Greetings and Opening Remarks - Dr. Grant Stotts & Dr. Debbie Timpson

8:50 - 9:10 - Stroke Survivor Perspective - Ms. Lynne Stacey

- Describe gaps and strengths in the healthcare system related to stroke care.

9:10 - 10:00 - Innovations in Stroke Rehabilitation: Can technology be used to improve stroke rehabilitation - Dr. Sean Dukelow

- Discuss technological advances that have been developed for stroke rehabilitation.
 - Examine the role of robotics in stroke rehabilitation.

10:00 - 10:30 - Nutrition Break, Networking Opportunities, Poster and Exhibit Viewing

10:30 - 11:10

Can I drive or fly after a stroke?

- Dr. Hillel Finestone, Dr. Chris Skinner & Dr. Hyman Rabinovitch

- Discuss suitability to return to driving or flying after a stroke.
- Outline health practitioners' responsibilities with regard to reporting the potentially unsafe stroke patient who drives.

10:30 - 11:10

The Role of Palliative Care in Patients Diagnosed with Acute Stroke: A Dynamic Process

- Dr. Cecilia Li & Ms. Maryse Bouvette

- Identify when to consult Palliative Care.
- Initiate discussions and document on Advanced Care Planning: Address code status, hydration, feeding, substitute decision maker / power of attorney, placement and wishes at end of life.
- Manage common symptoms and understand unique challenges for stroke patients.

10:30 - 11:10

Hot Topics in Canadian Stroke Rehab Best Practices

- Dr. Patrice Lindsay

- Analyze current performance on stroke rehabilitation process and outcome indicators.
- Summarize the new additions and key changes to the 2018 Stroke Rehabilitation Best Practice Recommendations.
- Discuss the practical implications of integrating these recommendations into practice.

11:10 - 11:20 - Transition

11:20 - 12:00

Can I drive or fly after a stroke?

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11:20 - 12:00

Interdisciplinary Care for Persons with Aphasia: Is that really a yes?

- Dr. Heather Flowers

- Explain the frequency and recovery patterns of post-stroke aphasia according to stroke type.
- Describe at least one clinical care process or interaction that could improve management of post stroke aphasia.

11:20 - 12:00

Holistic Approaches to Stroke Management: Focus on Indigenous people

- Dr. Patrice Lindsay, Ms. Erin Corston & Ms. Donna Lyons

- Define the elements of a holistic approach to stroke care.
- Discuss stroke risk in Indigenous people and contributing factors.

12:00 - 12:55 - Lunch, Career Mentoring Session, Poster and Exhibit Viewing

PROGRAM AT A GLANCE

12:55 - 13:35 - Cheemun Lum Lecture

Innovations in Acute Stroke Treatment: *Where have we been and where are we going?* - Dr. Vitor Pereira

- Discuss the advancement of endovascular therapy in acute stroke treatment.
- Explain the direction of ongoing developments in acute stroke treatment.

13:35 - 13:45 - Transition

13:45 - 14:25

What should I do with acute ischemic stroke patients?

- Dr. Grant Stotts & Dr. Michel Shamy

- Discuss acute management strategies of acute stroke patients in a case-based format.

13:45 - 14:25

Cannabinoids in Stroke Recovery: High times or high function

- Dr. Taylor Lougheed

- Describe the basic function of the endocannabinoid system.
- Describe the current evidence for cannabinoids in stroke recovery.
- Educate patients on medical cannabis products and preferred routes of administration.

13:45 - 14:25

Return to Participation Post Stroke: Challenges linked to low income and linguistic minority status

- Dr. Katrine Sauv -Schenk

- Explain the influence of income and language on post-stroke recovery.
- Identify the main barriers to participation for low income stroke survivors.

14:25 - 14:30 - Transition

14:30 - 15:10

What should I do with a patient with an acute intracerebral hemorrhage?

- Dr. Grant Stotts & Dr. Dar Dowlatshahi

- Discuss acute management strategies of acute hemorrhagic stroke patients in a case-based format.

14:30 - 15:10

The more you smoke the more you stroke! The priority of smoking cessation

- Dr. Andrew Pipe

- Discuss the priority of smoking cessation in the management of stroke patients and the necessity for a systematic approach to smoking cessation in their own clinical settings.
- Describe the role of smoking cessation pharmacotherapy in assisting their smoker patients.
- Explain the role and safety profiles of e-cigarettes and emerging tobacco (heat not burn) and nicotine-delivery products in tobacco cessation.

14:30 - 15:10

The untold pieces of the visual puzzle in victims of stroke

- Dr. Kristel Jefferies & Dr. Joshua Smith

- Describe the effects of stroke on vision and recognize associated clinical signs.
- Explain potential treatment and referral options for visual rehabilitation.

15:10 - 15:25 - Stretch Break

15:25 - 15:55 - Reports from around the world and your own region - Various speakers
Moderated by Dr. Grant Stotts and Dr. Debbie Timpson

- Describe highlights from the World Stroke Congress held in Montreal (October 17-20, 2018).
 - Discuss selected innovations impacting stroke care in CRSN.

15:55 - 16:00 - Concluding Remarks - Dr. Grant Stotts & Dr. Debbie Timpson