
PATIENT INFORMATION FOR COMMUNICATION DEFICITS

After a stroke, some people have problems with communicating. Sometimes people do not notice these problems before they leave the hospital. Some people find that once they get home and back to their normal activities, they have a hard time communicating.

SIGNS AND SYMPTOMS

The following is a list of things you may notice after you leave the hospital. If you notice any of these things, you should contact the Speech Language Pathologist who saw you while you were in the hospital so that he/she can help you get the help you need.

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| NAME OF SPEECH LANGUAGE PATHOLOGIST | |
| PHONE NUMBER | |

TALKING

- Feeling that the word is “on the tip of your tongue” but you can’t get it out when you need it. (This can happen to anyone, but you notice that it is happening more than it did before).
- Finding it hard to tell others what you think, especially in a loud room or in a big group.

UNDERSTANDING WHAT OTHERS ARE SAYING

- Finding it hard to follow the news or TV shows.
- Finding it hard to understand or follow conversations especially in a group.
- Needing to ask others to repeat what they have said.
- Missing details of what someone is telling you.
- Finding it difficult to understand things that were not hard to understand before your stroke. (For example: your family doctor talking about your health, your accountant talking about your taxes).

READING

- Finding that it takes longer to read.
- Finding that you get tired when you read.
- Reading is no longer a pleasure.
- Noticing that you only read newspaper headlines instead of the full article. Or you are reading magazine instead of books.
- Reading the same thing over and over again to understand it.
- Having trouble using the computer. (For example: looking at websites or reading emails).
- Having a difficult time helping your children with homework.

WRITING

- Taking longer to write a letter or an email.
 - Finding it hard to write down a phone message.
 - Writing is hard for you.
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SERVICES IN YOUR COMMUNITY:

Aphasia Centre of Ottawa

613-567-1119

www.aphasiaottawa.org/

Community Care Access Centre:

800-538-0520

healthcareathome.ca/champlain/en

Stroke Survivors Association of Ottawa

613-237-0650

www.strokesurvivors.ca/

University of Ottawa Interprofessional Clinic (FRENCH ONLY)

613-562-5800 poste 8037

www.health.uottawa.ca/univclinic/

OTHER RESOURCES

Canadian Association of Speech-Language Pathologists and Audiologists:

caslpa.ca/

By clicking on this link you can search for a SLP in your city: <http://www.speechandhearing.ca/en/find-a-professional/find-a-professional-search-form/>

Champlain Healthline website (click “Stroke Resources” on the right)

www.champlainhealthline.ca/

Heart and Stroke Foundation of Canada

www.heartandstroke.com/

Let’s Talk About Stroke

http://www.heartandstroke.com/atf/cf/%7B99452d8b-e7f1-4bd6-a57d-b136ce6c95bf%7D/LETSTALKABOUTSTROKE_LR.PDF

Parlons de l’accident vasculaire cérébrale

http://www.fmcoeur.qc.ca/site/c.kplQKVOxFoG/b.4072761/k.121F/AVC_Parlons_de_l8217AVC.htm