
REFERRING TO OCCUPATIONAL THERAPY FOR COGNITIVE OR PERCEPTUAL DEFICITS POST-STROKE

NOTE: ALL stroke patients require a Montreal Cognitive Assessment (MoCA) be completed by a professional skilled in its use within 24 to 48 hours of admission to acute care.

OCCUPATIONAL THERAPY SERVICES ARE TO BE CONSULTED TO ASSESS FOR COGNITIVE AND PERCEPTUAL DEFICITS IN ANY OF THE FOLLOWING SITUATIONS:

1. Stroke patient scores ≥ 1 on Visual and/or Extinction and Inattention items on NIH Stroke Scale.
2. Stroke patient will be discharged directly to their home environment within 72 hours of admission.
3. Stroke patient has an AlphaFIM[®] score > 80 .

REFERRAL INDICATORS FOR COGNITIVE OR PERCEPTUAL DEFICITS IN THE ACUTE CARE SETTING

Difficulty in one or more of the following abilities may signify that the patient has a significant cognitive or perceptual deficit and needs a higher level of sub-acute stroke services.

- Recognizing people frequently encountered
- Remembering daily routines and information without cueing and repetition
- Responding to questions from others
- Learning novel tasks
- Recognizing problems and making appropriate decisions
- Initiating and carrying out a sequence of steps to solve complex problems in a timely way
- Ambulating without bumping into things (e.g. door frame)
- Reading or writing
- Imitating motor movement
- Visual or tactile extinction
- Dressing self despite having adequate strength
- Seeing everything that is on a surface (e.g. missing/not seeing food on plate)