

The **Southwestern Ontario Stroke Network and the Ontario Stroke Network** offered several videoconferenced educational opportunities over the past year to support the implementation of stroke best practice. The links to the **archived webcast** presentations are listed below. Please address any questions or comments to: Jennifer Beal, Regional Education Coordinator (jennifer.beal@lhsc.on.ca)

1. Provincial Stroke Rounds: [Embracing 30 Day Cardiac Monitoring in the Real World](#)

Presented by Dr. Manu Mehdiratta on March 2, 2016 (Event #: 52728663)

Objectives:

- Determine which patients are at highest risk for cardioembolic stroke
- Determine which patients have had an embolic stroke of unknown source (ESUS)
- Describe the importance of cardiac monitoring for atrial fibrillation in stroke/TIA patients and discuss the results of a community based cardiac monitoring registry in stroke /TIA patients

2. Ontario Stroke Network: [Endovascular Treatment Draft Recommendations](#)

Presented by Dr. Grant Stotts and Dr. Timo Krings on February 3, 2016 (Event #: 51776856)

Ontario Stroke Network: [Endovascular Treatment Draft Recommendations](#)

Presented by Dr. Grant Stotts and Dr. Timo Krings on February 5, 2016 (Event #: 51777662)

Objectives:

- To provide a brief overview of the draft Endovascular Treatment recommendations for Ontario
- To provide an opportunity to discuss and provide input on implementation considerations to inform planning.
- To provide an opportunity for discussion and Q&A

3. Provincial Stroke Rounds: [Post Stroke Fatigue – Challenges and Controversies in Management](#)

Presented by Dr. Mark Bayley on February 3, 2016 (Event #: 51555222)

Objectives:

- Discuss the possible causes of fatigue symptoms after stroke
- Describe an approach to assessment of post stroke fatigue
- Name some evidence based management strategies for post stroke

4. Ontario Stroke Network: [Towards 180 Minutes a Day: One Step at a Time](#)

Presented by Janine Theben, Mike Gardner, Andrea Guth, Joan RustonBerge, and Jennifer Shaffer on January 13, 2016 (Event #: 50924748)

Objectives:

- Share key messages from a stroke survivor's perspective on rehabilitation intensity
- Share ideas and strategies used by three organizations within Ontario to support Rehabilitation Intensity implementation
- Identify where to access current rehabilitation intensity resources.

5. Provincial Stroke Rounds: [\(1\) Occupational Therapy Screening for Cognitive and Perceptual Deficits for Mild Stroke Patients and \(2\) Stroke Best Practices – Transitions of Care](#)

Presented by (1) Lise Zakutney and (2) Moira Teed on December 2, 2015 (Event #: 47021906)

Objectives (1):

- Explain the value of an Occupational Therapist screening stroke patients with mild or no visible deficits (high AlphaFIM® score >80), for cognition and perception.
- Describe the rationale for completing additional outcome measures to the AlphaFIM® in order to determine if a stroke patient requires stroke rehab or community services in a timely manner.

Objectives (2):

- Explain the value of an Occupational Therapist screening stroke patients with mild or no visible deficits (high AlphaFIM® score >80), for cognition and perception.
- Describe the rationale for completing additional outcome measures to the AlphaFIM® in order to determine if a stroke patient requires stroke rehab or community services in a timely manner.

6. Ontario Stroke Network: [Stroke Rehabilitation Intensity Education Session](#)

Presented by Beth Linkewich on November 18, 2015 (Event #: 47527787) - [Handout](#)

Objectives:

- Define rehabilitation intensity
- Discuss the rationale for collecting data (NRS rehabilitation time)
- Apply rehabilitation intensity from the patient perspective into practice
- Review the rehabilitation intensity provincial survey results
- Give examples of what activities are included in rehabilitation intensity and which are not.
- Identify where to access current rehabilitation intensity resources

7. Southwestern Ontario Stroke Network: [Endovascular Therapy Update](#)

Presented by Dr. Alexander Khaw and Dr. Sachin Pandey on November 16, 2015
(Event #: 48310979)

Objectives:

- Understand the recent trials of endovascular stroke therapy
- Discuss important aspects of successful implementation of EVT treatment
- Discuss transport to Tertiary stroke center for endovascular treatment
- Opportunity for discussion.

8. Provincial Stroke Rounds: [Motor Learning and its Application to Stroke Rehabilitation](#)

Presented by Dr. Kara Patterson on November 4, 2015 (Event #: 48494672)

Objectives:

- Define and describe motor learning and the factors that influence motor learning
- Identify differences in motor learning between health adults and individuals with neurological conditions
- Apply concepts related to motor learning to neuro-rehabilitation

9. Southwestern Ontario Stroke Network: [Thrombolysis in Acute Ischaemic Stroke Beyond 3 Hours and Age 80](#)

Presented by Dr. Joanna Wardlaw on October 14, 2015 (Event #: 47029679)

Objectives:

- To discuss evidence for efficacy of intravenous thrombolysis for acute ischemic stroke in the 3-4.5 hour window and in the very elderly.
- To discuss concerns about utilization of intravenous thrombolysis in the 3-4.5 hour window and the very elderly in Emergency Departments and Stroke Centres in the Southwestern Ontario region and across the province.

10. Ontario Stroke Network: [Supporting Quality Based Procedures Implementation through Provincial Integrated Work Plans](#)

Presented by Linda Kelloway, Sue Saulnier, Stefan Pagliuso, and Esmé French on June 26, 2015
(Event #: 45263074)

Objectives:

- To present an overview of the provincial integrated work plan process
- To present resources developed to support ESD and Navigation Models
- To introduce the 2015-16 Work Plans
- To provide an opportunity for discussion and Q&A.

11. Ontario Stroke Network: [An Introduction to Post-Acute Recommendations on TIA/Minor \(Non-Disabling\) Stroke](#)

Presented by Dr. Leanne Casaubon on June 24, 2015 (Event #: 45690331)

Objectives:

- To provide an overview of key recommended practices and indicators outlined in the Health Quality Ontario's Clinical Handbook for Stroke: Acute and Post-Acute (TIA or minor (non-disabling) stroke).
- To provide an overview of the OSN Ambulatory Care Triage Algorithm for Patients with Suspected or Confirmed TIA or Stroke.
- To provide an opportunity for discussion and Q&A.

12. Ontario Stroke Network: [Stroke – The Great ESCAPE](#)

Presented by Dr. Michael Hill on June 18, 2015 (Event #: 45689521)

Objectives:

- Understand the ESCAPE trial and recent trials of endovascular stroke therapy.
- Explain the three reasons for success and three principles of treatment.
- Discuss when to consider transport to a tertiary stroke centre for endovascular treatment

13. Ontario Stroke Network: [An Introduction to Post-Acute Stroke QBP Recommendations on Outpatient and Community Rehabilitation](#)

Presented by Dr. Mark Bayley on June 5, 2015 (Event #: 45256897)

Objectives:

- To provide an overview of key recommended practices and indicators outlined in the Health Quality Ontario's Clinical Handbook for Stroke: Acute and Post-Acute (post-acute recommendations for outpatient and community rehabilitation).
- To provide an opportunity for discussion and Q&A.

14. Provincial Stroke Rounds: [The Care and Outcomes of TIA and Minor Stroke in Ontario](#)

Presented by Ruth Hall and Moria Kapral on June 3, 2015 (Event #: 44945600)

Objectives:

- To provide an overview of key recommended practices and indicators outlined in the Health Quality Ontario's Clinical Handbook for Stroke: Acute and Post-Acute (post-acute recommendations for outpatient and community rehabilitation).
- To provide an opportunity for discussion and Q&A.

15. London Health Sciences Centre: [ESCAPE-ing from Stroke](#)

Presented by Dr. Michael Hill on May 26, 2015 (Event #: 44955461)

Objectives:

- Understand the ESCAPE trial and recent trials of endovascular stroke therapy.
- Explain the 3 reasons for success and 3 principles of treatment.
- Discuss when to consider transport to a tertiary stroke centre for endovascular treatment

16. Provincial Stroke Rounds: [Cerebral Amyloid Angiography – A Continually Evolving Diagnosis](#)

Presented by Dr. Ashkan Shoamanesh on May 6, 2015 (Event #: 43738091)

Objectives:

- Review the pathophysiology and epidemiology of cerebral amyloid angiopathy.
- Highlight clinical and neuroimaging manifestations of the disease.
- Summarize current management of cerebral amyloid angiopathy and potential future therapeutic options.

17. Southwestern Ontario Stroke Network: [National Institutes of Health Stroke Scale \(NIHSS\) Training](#)

Presented by Dr. Alexander Khaw on April 21, 2015 (Event #: 44176205)

Objectives:

- Discuss the rationale and background of the NIHSS
- Discuss advantages and limitations of the NIHSS
- Perform the NIHSS correctly
- Apply the NIHSS appropriately in practice

Heart and Stroke Foundation - [Canadian Stroke Best Practice Recommendations Webinars:](#)

1. Post-Stroke Depression Screening and Management: Turning Stroke Best Practice into the Practical – March 10, 2016
2. Practical Approaches for Taking Action for Optimal Community and Long-Term Stroke Care – January 14, 2016
3. Acute Inpatient Stroke Care: An Update on the Evidence – December 10, 2015
4. Vascular Cognitive Assessment: When, Where, & How? – November 12, 2015

*NOTE: The Ontario Telemedicine Network's (OTN) archived webcasts are housed on the OTN website for up to two years, unless renewed. *Southwestern Ontario Stroke Network - March 2016.*